

Suggested Kit List

(Group leaders may wish to adapt this)



- Comfortable, sturdy shoes you don't mind getting muddy i.e. walking boots, wellies or trainers (we have spare wellies available if necessary)
- Indoor shoes or slippers
- Waterproof jacket with hood for heavy rain (we have spares available if necessary)
- Waterproof trousers for heavy rain (we have spares available if necessary)
- Underwear and casual clothing for every day
- Warm clothing including hat and gloves (as appropriate)
- Sun cream and sun hat (as appropriate)
- Long-sleeved top for archery
- Long trousers and long-sleeved tops for walks and woodland activities during the tick season (March to October)
- Wash kit
- Towel/s
- Beach towel - if you plan to use the beach
- Torch
- Day sack
- Any required medication
- Pen and notebook
- Medical/consent form (should be sent in advance)
- Small board game or puzzle book etc if you think it will come in handy
- **Please note that mobile phones do not pick up a signal due to our location**



The Beacon Activity Centre is part of the Lee Abbey Fellowship, which is a registered company number 4428897 and charity number 1094097, and a member of the Lee Abbey Movement, registered company number 4428832 and charity number 1094098.

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